

AGENDA
32nd Annual Charleston APRN Conference February 18-20, 2026
Francis Marion Hotel, 387 King Street, Charleston, SC

TUESDAY, FEBRUARY 17, 2026

4:00-6:00 pm Early Conference Check-In – NOT MANDATORY, just in case you get there early and want to avoid lines in mornings.

WEDNESDAY, FEBRUARY 18, 2026

7:00-8:00 am Continental Breakfast Lobby Carolina Ballroom A

7:00-8:00 am Registration Foyer Carolina Ballroom A

8:00-8:15 am Conference Welcome *Carolina Ballroom B*
Debbie Nelson, MN, APRN, BC & Shelby Rials, MSN, FNP-BC

8:15-9:30 am APRN Update *Carolina Ballroom B*
Stephanie Burgess, PhD, APN, BC

9:30-11:30 Updating our Quest to Treat Pain: *Carolina Ballroom B*
There are New Kids in Town*+
Kelly Jones, Pharm.D, BCCP

11:30-1:00 pm Conference Luncheon Carolina Ballroom A

1:00-4:15 pm 2026 Pharmacology Update* *Carolina Ballroom B*
Michael Shaw, PharmD

Afternoon Break **Snack Will Be Served In Lobby Carolina Ballroom A**
(Session will break for 15 minutes during the afternoon session at midpoint)

4:15-4:30 Evaluations for Day - Online

THURSDAY, FEBRUARY 19, 2026

7:00-8:00 am Continental Breakfast/Registration Foyer Carolina Ballroom A

8:00-9:30 am

A-1 The "A-B-C" Talk on Herbs* Carolina A
V. Leigh Beasley, MD,

A-2 Diabetic Treatment Using Updated Guidelines* Carolina B
Nancy Kate Durham DNP, FNP-BC, CDCES

9:30-9:45 am Stretch Break

9:45-11:15

B-1 Cardiology Update: What's New? Women and Heart Disease* Carolina A
John Paguntalan, PhD, NP, APRN-BC, CCRN-K

B-2 Obesity Management Update* Carolina B
Rhoda Ascanio, MSN, APRN, FNP-BC

11:15-12:00 pm Lunch Break Foyer Carolina Ballroom A

12:00-2:00 pm GENERAL SESSION Carolina Ballroom

What to Order When: A Radiologist's Guide to Smart Ordering
Frank Vento, MD

2:00-2:15 Evaluations for Day - Online

FRIDAY, FEBRUARY 20, 2026

7:00-8:00 am	Continental Breakfast/Registration	Colonial Ballroom
8:00-9:30 am		
C-1	Abnormal Uterine Bleeding* <i>E.J. Mayeaux Jr., MD, DABFM, FAAFP, DABPM-CI</i>	Pinckney Room
C-2	Dermatological Conditions– How to Differentiate, How to Treat* <i>Michael Overcash, MPAS, PA-C</i>	Colonial Ballroom
9:30-9:45 am Stretch Break		
9:45-11:15 am		
D-1	Diagnosis & Treatment of Pelvic Pain* <i>Lindsey C. Cox, MD</i>	Colonial Ballroom
D-2	Acute Symptom Management in Hospice*+ <i>Stephanie Burgess, PhD, APN, BC</i>	Pinckney Room
11:15-12:00 pm Lunch Break		
Colonial Ballroom		
12:00-2:00 pm	GENERAL SESSION	Colonial Ballroom
Infectious Diseases: Updates and What We Are Seeing in Primary Care* <i>Divya Ahuja, MD</i>		
2:00-2:15	Evaluations for Day - Online	

Adjourn-HOPING TO SEE YOU NEXT YEAR

*** More than 50% of the content of this session is pharmacology related.**

+ Indicates controlled substance pharmacology content.